



How proud are we !!!!!

The first Charity ever to win A Swale Business 2017 Award.

We were finalists again this year, so we put on our posh frocks, Rita got her lippy out and off we went to The Barnyard in Upchurch for the Awards Ceremony. The meal was amazing, but the best was yet to come.

We have worked so hard for The Trust since it started in 2010. From 9 referrals the first year, to treating 460 so far this year alone. Each year the amount of referrals we have received has increased considerably. We have currently helped 1509 people into wellness and emotional well being. There has been many up and downs, tears and tantrums, joy and happiness, but we couldn't have come this far without our dedicated team of amazing therapists, volunteers, and supporters, who all share our vision and passion, and of course the ladies who work quietly in the background (well not so quiet some days)

We have been on a very emotional and uplifting journey, But to have this recognition is beyond our wildest dreams. The Customer Services & Commitment Award 2017 ! This award has not only boosted our enthusiasm, but gives The Trust kudos in the business world.

So many people don't realise that a Charity has to run as a business. Our wonderful Co-Founder and Financial Trustee, Rita Couzins does such an amazing job of keeping a tight rein on the purse strings, and keeps our overheads to under 10% !

If you would like to be a part of our next adventure, we particularly need volunteers who could help with funding bids, do please contact me on tht2010@gmail.com, the pay is rubbish but the rewards are amazing !

Thank you to everyone who has helped us on this journey.

A special thank you to the Nurses, Penny Price & Vanessa Potter, and Breast Friends group, at The Kent & Canterbury Hospital. Rita and I went along and gave a short presentation on "How The Trust works", we were fed and watered with some amazing cake. They then presented us with a cheque for £1000 - We were speechless (which again is a first for us). These amazing nurses are not only dedicated, but give their time freely to their patients who are sometimes going through some gruelling times, by offering this support group. This money will allow 10 more people to receive supportive therapies and help them into wellness and emotional well being.

Another well received cheque was from The Masonics, at Sheerness for £100.

Other donations received, were from Susan Stewart, £50, our lovely therapist from Dover, A very grateful client-patient Susan Williams donated £180., The Church in Hope Street, Sheerness, £37.50 and the amazing Associated Sheppey Bikers, a staggering £800 from their annual "B"'s Event which was held recently.

Thank you to everyone for all their efforts and donations.

Unfortunately, we were unable to hold our Sanctuary Day on September 16th. The weather was very unpredictable, so we made the decision to postpone it, but we are now hoping to have this event in early Spring next year. We will send out invitations nearer the time.

We have also had to postpone the Murder Mystery Evening, in Dover, on 4th November. This will be taking place sometime in the New Year.

Final reminder for The Soul Midwives TLC Workshop on 7th & 8th October. We have a few places still available if you wish to attend. Please contact me at thtt2010@gmail.com.

Don't forget The Cabaret Show at The Minster Club on 14th October. Live performances by Martyn Williams, Britains' funniest Hypnotist, and Jason Allen, the UK's No.1 Michael Buble tribute artist. This promises to be an amazing evening for only £8.00 for non members. Please phone 01795 872457 to book your tickets.

And finally

*" Patience is not the ability to wait
But the ability to keep a good attitude while waiting"*