



I love living near the edge! Just about made this month's newsletter - again !

A quieter August for us. Still plenty of things going on in the background though to keep us out of mischief..

The poster you see at the top of the page is The "Roman Murder Mystery Evening", which will be performed by Phoebus Fire, and being held at The Bluebirds, in Dover, on Saturday 4th November. Thank you to Kayleigh Aldred for hosting this event for us. This promises to be a fun evening with lots of "twists and turns". Togas optional. Tables of ten £22.50 per person, which includes a basket meal. Doors open at 6.30 pm for a 7.15 start. The evening will finish about 10,00 pm so be sure to book your chariot. Tickets available from Gillian 07976 372860 or

you can contact Rita on rita.thtt@outlook.com.

The amazing Poppy Patcher ladies held their annual "Quilts in the Garden" at the beginning of the month, and raised a wonderful £200, which will help two more people into "wellness and emotional well being" Thank you to Denise Dickson and your lovely ladies for what I believe was a beautiful day.

We also received a donation of £50 from Louise Cousins, a very grateful client-patient, and the supporters at our lovely Jeff Payne's local pubs in Gravesend, The Crown raised £57.56 and The Peacock £49.14. Thank you to you all for your generosity.

The lippy came out today, Rita attended a presentation at Sittingbourne Police Station. She received a cheque for £500 from The Police Property Fund, I do hope they let her out again ! Thank you for your support.

We held our biggest event to date last weekend "Harmony in the Park", an amazing free family fun day This wasn't so much of a "fund raiser" - it was to obtain consultation surveys to prove a need for the supportive therapies we offer to the people of Kent, which, when all the information is collated, will enable us to apply for larger funding. Sandy Hammock and Sean Leacock, of Swale CVS did an amazing job of organising this for us and it really was a very successful day. A huge thank you to Sandy and Sean.

This is something we hope to hold annually, in other areas of Kent. If you know of somewhere in Kent, which may be suitable for an event like this, do please contact us.

A reminder of the Soul Midwives TLC Workshop on Saturday 7th and Sunday 8th October. We do still have a few places available. Please contact me on thtt2010@gmail.com for further details.

The Minster Club, Liberty Hall, Union Road, Sheerness, ME12 2HW is hosting a cabaret show on 14th October, raising funds for the Trust. Live performances by Martyn Williams, Britain's funniest hypnotist, and Jason Allen, the UK's No 1 Michael Buble tribute artist. Ok ladies not quite Michael Buble but I think this is the closest we will get ! Tickets - Early Bird £3.00 for members, £5.00 for non members, thereafter, on the night, £5.00 for members, and £8.00 for non members. Please phone 01795 872457 - I have already booked mine in case the "real" Michael turns up !

It is now becoming crucial that we try to find a "Fund raiser", to help with funding bids. As I have mentioned many times, whilst we are very grateful indeed to all of our supporters, and the donations received, we do really need to apply for bigger bids to keep "Harmony alive" . We are almost a "victim of our own success"

probably Kent's fastest growing charity, receiving referrals from all the major Hospitals, Hospices, GP's. The more talks and presentations we do, to spread the "Hands of Harmony" the more referrals we are receiving. We absolutely love what we do, in providing this free service. So if you know of anyone who could devote a few hours a week to help with funding bids, do please contact us.

Enjoy the rest of the summer ! x

And finally

*"Working hard for something we don't care about is called stress
Working hard for something we love is called passion"*