



Welcome to a very cold February - think Winter is here at last .

Our lovely therapist, Amy Garske, of Faversham did an absolutely amazing job organising a fund raising event for us on Saturday, at West Faversham Community Centre. She held a 70's, 80's and 90's disco. About 175 people attended the event, more than Amy expected. It was so lovely to see people of all ages come together as a Community to support us. We won't know the final amount raised until the end of next week, but I will inform you in our March Newsletter. Thank you Amy and your lovely friends and family who supported us, you made us proud. I do hope Amy is having a pyjama day today - she has earned it !

If you feel you can organise an event, do please contact us, we would love to hear from you.

A very quiet start for donations this month, One of our lovely client-patients donated £25, in grateful thanks for the treatments she received. Lower Halstow Village Hall Community, raised £232 from the sale of their calendars, one of our lovely referrers, Lesley Boast, nominated us, so a big thank you to you all.

A reminder that we are not using Just Giving for donations anymore. If you would like to make a donation please go to our Total Giving page

<https://www.totalgiving.co.uk/charity/the-harmony-therapy-trust-1173141>

Rita has also entered the 21st Century. After a long delay we are now able to pay our therapists by Internet Banking. This is proving much easier for Rita, she doesn't have to write out so many cheques, it also helps us cut back on postage costs, This makes Rita very happy !

A reminder of the events we have coming up in the next few months:- you will find all the details in the January Newsletter, which is also on our website and Facebook pages.

Many, many hours have been spent going through the legislation regarding GDPR and DBS.. A minefield for small charities like ours having to negotiate with limited funds, but we think we are finally there. All new policies etc will be posted onto our website www.theharmonytherapytrust.org.uk in the next few weeks.

Our first therapists networking event will be taking place next week, which will be a great opportunity for our therapists to meet each other, and for us, as a Charity to make sure all our therapists are compliant with the new GDPR (General Data Protection Policy) rules and regulations. We have to be absolutely professional to make sure all

our therapists & volunteers understand these new guidelines. We are treating so many vulnerable people, and with the recent "press releases" regarding other charities, safety of all the people we treat, and of course our therapists, is paramount.

There were also many hours put into a huge funding bid to the National Lottery, which unfortunately was rejected. There was a lot of frustration as it is no mean feat to put in for bids. However, after speaking with a lovely lady at the National Lottery, we don't feel too despondent as we can enter another bid in April - So we are keeping everything crossed and as always trying to keep positive.

We are great believers in that " Our needs will be met"

We have exceeded over 1800 referrals since The Trust was launched, and we have already received 115 for this year.

And finally

***" We are human, We are not perfect
We are alive, We try things
We make mistakes, We stumble, We fall
We get hurt. We rise again
We try again
We keep learning
We keep growing
And... We are thankful for this priceless opportunity called life

Always believe that something wonderful is about to happen "***