



Phew ! I do hope you are staying cool. What amazing weather we are having.

Welcome to our July Newsletter.

At last - the lovely people at Creation Lab helped us "ladies of a certain age" with our website. Thank you to everyone at the Creation Lab who were so patient with us and kept us supplied with cups of tea. If you need a referral form, a copy of our brochure or just general information about the Trust please go to <http://theharmonytherapytrust.org.uk/> and have a look. I think you will agree it is looking much better. Have a look particularly at the "Lily Tree" which our amazing Financial Trustee, Rita Couzins has put so much work in to help it grow.

You may recognise the logo at the top of the page. We were KM Charity of the Year for Sheerness and Sittingbourne in 2014. The voting is open again for nominations for 2016. We would dearly love to win it again. 2014 was an amazing year for us, and really boosted our profile. If you could kindly go to <http://www.kmcharityteam.co.uk/charitysupport/charityoftheyear/> and nominate us. Many thanks.

A reminder of our 5th Anniversary Sanctuary Day Event, at Elmley Nature Reserve, Kingshill Barn, Isle of Sheppey, ME12 3RW on 12th July. Come along and celebrate with us. Everyone is welcome and it would be so lovely to meet face to face some of the lovely people we don't normally have a chance to meet.

We are very excited we have been nominated by Nationwide Building Society to feature in their Community Match Scheme. Community Match is an in-branch charity voting scheme. Each quarter branches of Nationwide feature 3 local charities/community organisations from customer nominations. We will receive a £100 donation for being shortlisted to feature in the community match voting scheme. Should The Harmony Therapy Trust receive the most votes at the end of the voting campaign then we will receive an additional £500. That will treat six new client-patients and help them into "wellness and wellbeing". Voting is open now until 30th September, so if you visit the Nationwide branches of Sittingbourne, Sheerness, Faversham, Herne Bay or Whitstable please vote for us.

#### DATE FOR YOUR DIARY

2nd August

The lovely Denise Dickson and the "Poppy Patchers" are again hosting "Quilts in the Garden", an event they have put on for the past few years for the Trust. It is being held this year on 2nd August, 10 am - 3pm at 33, Victoria Street, Sheerness, ME12 1YA. Entrance is £2.00 which includes tea and cake. There will be lots of things to buy and a raffle is being held for one of their amazing Handmade Quilts.

### 16TH AUGUST

This has yet to be confirmed. We are hoping to hold a stall at Tankerton Slopes, Nr Whitstable. This is an event being hosted by Whitstable and Herne Bay Lions. We are hoping to run a "Teddy Bears Picnic Raffle, an Instant Raffle. Our happiness kits will be available to purchase and of course, we will be handing out information about the Trust. So come along and show your support. By all accounts this is quite an event with plenty to do and see.

### 23rd August

And Now for something very different - The BIG-B - Hosted by the Associated Sheppey Bikers. Bikes, Banter, Beer, B-B-Q, Bronco and lots and lots of other things beginning with "B".

This is being held at Layzells, The Broadway, Minster, ME12 2DF. 11am - 3 pm. Entry is £2.00 which includes a free raffle ticket. £50 cash prize together with a prize for the best bike rider. For further information about this event please contact Cathy Ashby-Clark on Facebook.

If you have an idea for a fund-raising event, or would like to volunteer please do contact us.

Or, if you would like us to come along and give a presentation about The Trust, please let us know.

Enjoy the rest of this lovely weather.

Kind regards.

Julie