



The Harmony
Therapy Trust

PINK & GREEN CHRISTMAS BALL

Saturday 3rd December 2016, 7pm to 12am

Bluebirds, Snargate Street, Dover, CT17 9DA

Tickets £32.50

Includes Drinks Reception, Traditional Christmas Meal,
Lucky Ticket Draw and Cabaret

Ambassador Patron of
The Harmony Therapy Trust
Charley Monroe



Vocalist
Lady Susan Morrisey



Singer/Songwriter
& TV Presenter
Johnny Mack



Magician
Stuart Weller



Toastmaster
David DiCara

Tickets available from:

Bluebirds—01304 226586

The Harmony Therapy Trust—thtt2010@gmail.com

Dawn Cockburn—07815599712—Dawn.thtt@outlook.com

Lyn Baseley—07960651930—Lyn.thtt@outlook.com

Gillian Smissen—01304 800 108

Sheppey FM—01795 664499

For those of you who haven't booked your tickets to the biggest event in the history of The Harmony Therapy Trust - it's not too late. We do still have some places left. This is going to be an amazing evening - And I have a new frock!!!!!! Details of how you can book are on the poster. Please come along and celebrate with us.

We would like to welcome all the new therapists who have recently joined the Trust. We were a bit "thin on the ground" in certain areas of Kent. Hopefully they will share our passion and vision and help more people across the County into "wellness and wellbeing" We currently have over 80 therapists working with the Trust.

We have some truly amazing therapists who "go that extra mile". with fundraising and presentations. We get many "knock backs" when we apply for funding bids, but our spirits lift when we have people who do very small events, and sometimes we are bowled over by others who come up with some amazing ideas. We have Gary Hewitt who is doing a sponsored write-in, of poems, verses etc. I believe he will be doing this non-stop for 12 hours, with a very challenging target.

And when we receive such amazing testimonials from client-patients who have really benefitted from the free therapies they receive - It makes it "all worth it".

We have currently 268 referrals, of which 65 are hospice at home referrals. We accepted 60 in October and already for November a further 21. This means we have accepted over 400 this calendar year and close to 1,000 since The Trust began in 2010.

If anyone has any ideas on fund raising, know of a large company who could sponsor us do please get in touch. All ideas gratefully received, and it would help Rita, our Financial Trustee sleep better at night.!

We held a "Curry Night" at Dawn's daughter's home - Helen and her partner Tim Johnston spent all day in the kitchen and cooked some amazing food. The amount of £125 was raised.

Dawn, and several of our therapists attended a Health & Wellbeing Event at Ditton Community Centre, offering free hand massage taster sessions. The event was well attended and it brings us such joy when "Harmony's Hands" reaches out to more people.

Rita and I attended a Aphasia group meeting at Queen Mary's Hospital. We met with some lovely people, but unfortunately as it borders onto South London a lot of these people would not be eligible, we just don't have the resources to cover other areas than Kent. Wouldn't it be wonderful if somebody with the same passion and vision as us could set up a Trust with a team of therapists to provide much needed holistic therapy in this area!

We have been attending an information day at Medway Hospital for the past 5 years and have raised a lot of awareness of what we do. It has been a great pleasure and sometimes a humbling experience to meet with the many people who are on "different journeys" in their lives. December will be the last time we will be doing this. But we will be attending an Information Day at the Galton Day Unit in Medway Hospital, in the New Year and hopefully be able to offer some hand massage taster treatments.

DATES FOR YOUR DIARY

Saturday November 26th - Fosse Bank School, Noble Tree Road, Hildenborough will be holding a Craft Fair. Rita and I will be there with goodies to sell. Please come along and show your support.

Saturday November 26th - Dawn and Maggie will be doing The "Santa Fun run" in

Sheerness. Sponsors needed please. Dawn says she won't need padding or white hair but draws the line at growing a beard!

If you could sponsor Maggie or Dawn please contact Dawn at dawn.thtt@outlook.com. or Maggie at maggie.keen49@hotmail.co.uk

For any braves souls who want to join Gillian Smissen when she does the Boxing Day dip at Dover please contact Gillian on 07976372860.

And finally don't forget to book your tickets for the "hottest" event in Dover - The Pink and Green Ball. - Don't forget your "dancing shoes" !!